

Olga Strizhitskaya

o.strizhitskaya@spbu.ru

strizhitskaya@mail.ru

+7-921-776-9336

Skype: olga.strizhitskaya

EDUCATION

Saint-Petersburg State University, Saint-Petersburg Russia

DSc in Psychology, June, 2018

Thesis: Positive psychology of aging: predictors, factors and social effects of gerotranscendence.

Brandeis University, Waltham MA

Fulbright Foreign Research Student in Psychology (Faculty Development Program), June 10, 2009

Saint-Petersburg State University, Saint-Petersburg Russia

PHD in Psychology, December, 2006

Thesis: Self-attitude and Temporal Personality Transpective in Midlife

Saint-Petersburg State University, Saint-Petersburg Russia

Diploma in Psychology, June, 2003

Qualification work: Self-esteem in the Structure of Women's Personality Characteristics in Later Adulthood Period.

SKILLS

Language: Native in Russian, Proficient in English, Upper Intermediate Spanish, Basic Finnish

Computer: Strong computer skills and exposure to Microsoft Word, PowerPoint, Excel, SPSS, AMOS.

AWARDS, FELLOWSHIPS, GRANTS

2019-2021 – “Loneliness vs. independence across lifespan: perspectives and insights from Bulgaria and Russia” (Russian Science Foundation for Basic Research, PI O. Strizhitskaya)

2016-2018 – “Cognitive reserve as a factor of quality of life in aging” (Russian Science Foundation for Basic Research, PI O. Strizhitskaya)

2016-2018 – “Psychological factors of healthy lifestyle behaviors during adulthood” (Russian Science Foundation for Basic Research, PI M. Petrash)

2016-2018 – “Complex study of the daily stressors and resources for coping with them in different periods of adulthood” (Russian Science Foundation, PI L.Golovey)

2015-2016 – “Intergenerational relationships as a psychological resource of adults' positive functioning” (Grant from President Initiative, PI O. Strizhitskaya)

2014-2016 – “Positive development during the life-span - Psycho-social implications in Finland and Russia” (Joint Russian-Finish grant from Russian Humanitarian Foundation and Academy of Finland, PI O.Strizhitskaya, Katariina Salmela-Aro)

2013-2015 – “Complex study of personality potentials and resources in different periods of adulthood” (Grant from Russian Science Foundation for Basic Research, PI M. Petrash)

2013-2014 – “Development self-determination in older adulthood and aging” (Grant from President Initiative, PI O. Strizhitskaya)

2012-2013 – “Gerotranscendental development conditions, factors” (Grant from Russian Science Foundation for Basic Research, PI O. Strizhitskaya)

EXPERIENCE

Saint Petersburg State University, Faculty of Psychology, Saint-Petersburg, Russia

09/2009

– present time

www.spbu.ru, www.psy.spbu.ru

Professor, developmental and differential psychology department; head of the Scientific Committee in Psychology
09/2019 – present time

Associate professor, developmental and differential psychology department; head of the Scientific Committee in Psychology
02/2016 – 08/2019

- Syllabus and course development for undergraduate and graduate programs (“Developmental Psychology”,

- “Psychology of Aging”, “Evolutionary and Comparative Psychology”, “Design of Psychological Research”)
- Supervision of undergraduate, graduate and postgraduate research qualification projects
- Research on midlife and aging
- Acquirement of external funding for research
- Publication in national and international journals

National open institute of Russia, Saint-Petersburg, Russia

06/2009 – 08/2010

Vice chair of psychology department

- Syllabus and course development
- Supervision of undergraduate research qualification projects
- Administration of academic disciplines

Saint Petersburg State Mechnikov Medicine Academy, Saint-Petersburg - Russia

<http://www.mechnik.spb.ru/psychology.htm>

associate professor

09/2009 – 06/2014

senior instructor

09/2004 - 06/2008

- psychological training of undergraduate students – major subjects “General and Social Psychology”, “Developmental Psychology”.
- syllabus and course development both for Russian-speaking and English-speaking students in "General and Social Psychology"
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CERTIFICATIONS

The National Institute of Health (NIH) Office of Extramural Research "Protecting Human Research Participants" certificate. (2008-2009)

European Certificate in Psychology (EuroPsy) in the field of clinical and health education, since 12/2016

MAIN PUBLICATIONS AND PRESENTATIONS

1. Strizhitskaya O. Aging in Russia // *The Gerontologist*, 2016. — Vol. 56, — № 5. — P. 795-799
2. Babakova L.V., Strizhitskaya O.Yu. Coping-strategies of aging people in Bulgaria and Russia// *Mir Nauki*. – 2017. – Vol. 5, — № 1. — C. 1-13.
3. Polyakova M.K., Strizhitskaya O.Yu. Generativity and the specifics of the social sphere of an adult // *Psikhologicheskie Issledovaniya*, 2017, Vol. 10, No. 51, p. 5. <http://psystudy.ru> (in Russian, abstr. in English)
4. Strizhitskaya O.Yu., Davedyuk E.P. Self-Determination Structure in Aging: From Theory to Practice // *Proceedings of the 3rd Annual International Conference on Cognitive and Behavioral Psychology (CBP 2014)* — Singapore, — 2014. — P. 56-59
5. Strizhitskaya O. Yu., Juncos-Rabadan O. Modern Directions in European Psychology of Aging // *Vestnik Sankt-Peterburgskogo Universiteta, Seriya 16: Psikhologia, Pedagogika*. – 2014. - № (2), 66-71.
6. Strizhitskaya O.Yu. Self-determination as a resource for sustainable work and mental health // *Barents Newsletter on Occupational Health and Safety*, 2013. — Vol. 16, — № 3. — P. 88-91
7. Strizhitskaya O. Yu. Self-determination in midlife and aging: theoretical approaches and challenges // *Vestnik Sankt-Peterburgskogo Universiteta, Seriya 12: Psikhologia, Sociologia, Pedagogika*. – 2013. № (4), 118-127.
8. Strizhitskaya O.Yu. Self-attitude and temporal personality transpective in midlife. PHD thesis abstract, SPbGU, 2006, 24p.

Positive Development in Adulthood in Finland and Russia: implications and trends. International Congress of Psychology, Yokohama, Japan, 24.07-29.07 2016 (Chair)

Intergenerational relationships and time perspective: a 3 generation study. 3d International Time Perspective Conference. Copenhagen, Denmark, 15.08-19.08 2016 (Presenter)

Positive functioning in adulthood: Perspectives from Finland and Russia. 17th Conference of the European Association for Developmental Psychology. Braga, Portugal, 8.09-12.09 2015

Anticipated Life Satisfaction: Are accuracy and stability always adaptive?/ Association for Psychological Science 21st Annual Convention, May 22-25 2009, San Francisco, CA (Strizhitskaya O.Y., Lachman M.E., poster presentation)

PROFESSIONAL MEMBERSHIPS

Member, International Society for the Study of Behavioral Development – since 2008

Member, American Psychological Association, Division 20: Adult Development and Aging – since 2011

Member, European Association for Developmental psychology - since 2016