

Curriculum vitae

Valentin Ababkov graduated from medical university (1-st Leningrad medical institute) in 1973. Since 1976 V. Ababkov was working at Saint-Petersburg Bekhterev psychoneurological research institute in the department of neurosis and psychotherapy. He prepared candidate dissertation (in the topic of follow-up of neuroses) and doctoral dissertation "Pathomorphosis of neuroses". In 1998 V. Ababkov received scientific degree of professor in medical psychology. Since 2011 he is a professor of department of clinical psychology and psychophysiology of Saint-Petersburg state university.

He has more than 130 scientific works in topics of clinical psychology, psychiatry, psychotherapy and psychopharmacology. V. Ababkov is the author and co-author of monographs and handbooks:

- 1) The problems of scientific character in psychotherapy.
- 2) The adaptation to stress.
- 3) Clinical psychology.
- 4) Psychotherapy.
- 5) Psychotherapeutic encyclopedia
- 6) And others.

V. Ababkov was invited professor of department of clinical psychology of Fribourg university (Switzerland).