

**Valeria Mathan**

**PSYCHOLOGIST,  
LECTURER, RESEARCHER**  
Social Psychology, Crisis Intervention



## **WORK EXPERIENCE:**

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**03/2008 – now: Senior Lecturer**

Division of crisis and extreme situations psychology, department of psychology,  
St. Petersburg State University, St. Petersburg, Russia.

**09/2013 – 2018: Researcher**

Laboratory of clinical psychology and psychodiagnostics, Bekhterev Psychoneurological  
Research Institute, St. Petersburg, Russia.

**09/2007 – 05/2014: Psychology Lecturer**

Nurse refresher programs & courses, Leningrad Oblast Medical College.

## **EDUCATION:**

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**2014 Saint-Petersburg State University** - advanced professional training : «High school teacher».

**2006 Saint-Petersburg State University** – diploma degree (specialist) : «Psychologist. Psychology Lecturer».

## **RESEARCH INTERESTS:**

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**Professional development and career**  
**The resource approach in psychology**  
**Psychological aspects of treatment and rehabilitation**  
**Social skills training. Group dynamics training.**

## **LANGUAGES :**

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**Russian (native), German (C1), Polish (C1), English (B2), French (B1).**

## **HOBBIES AND INTERESTS:**

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Sport and fitness, travelling, languages.